

Coach and trainer profile

Sylvia Sonnendrucker – expert in cultural transformation and leadership skills

Sylvia Sonnendrucker acts as an executive coach with a wide experience in collaborative leadership development for XXI century leaders, covering areas such as self-leadership, managing difficult conversations and resilience. As a facilitator, Sylvia develops workshops, facilitates Executive Committee meetings and participates in projects on cultural transformation.

Her areas of expertise are:

- The collaborative Leadership in the new digital era
- High Performing Teams
- Difficult Conversations
- How to build resilience through Mindfulness and Positive Psychology

Special features:

- International experience
- All sessions can be conducted in English, French and Spanish
- Credibility and business experience
- Wide experience in different industries as technological, manufacturing, health, food, luxury goods, consultancy and finance.
- Self-confidence and charisma
- Recipe for success with a long-term effect
- Confident handling of emotions
- Authenticity

Training:

- Executive Coach certified by The Newfield Network (Chile 2014) and Conscious Business Coach certified by Conscious Business Center from Fred Kofman (Panamá 2015). Certified by the International Coach Federation of Spain.
- Accredited for LSI personality tool by Human Synergistics (Chicago, EEUU)
- Bachelor of Business Administration by Universidad Pontificia de Comillas, ICADE E-2 (Madrid, Spain 1985-1990). ^[1]_[SEP]
- CFA charterholder (Chartered Financial Analyst). (London 1999-2002). CFA charter is considered as the gold standard in the financial industry ^[1]_[SEP]

Professional experience:

- Millennial Quest, Founding partner: since 2014 Consultancy firm specialized in Collaborative Leadership development for XXI century leaders. With the aim of increasing the bottom line of the companies, Sylvia designs and develops workshops for leadership and organizational development. She also facilitates Executive Committee meetings and implements cultural transformation projects.
- Professor and Coach at Fred Kofman's Conscious Business Center: since 2016 supporting professionals and coaches to master their coaching skills applying Conscious Business Methodology.
- 20 years of professional experience in leadership roles in the investment banking industry working for international banks as: CHINA ASSET MANAGEMENT, BBVA,

BNPPARIBAS, CREDIT AGRICOLE. Previous positions include Head of Sales Europe, Chief Investment Officer, Founding partner of a Family Office and Head of Risk Analysis, developing her career in Hong Kong, London, Chicago, Paris and Madrid.

Key areas:

- Executive coaching, corporate culture, leadership development, workshop moderation, team development, personal development

Selected references:

- Autogrill, Banco de Santander, BBVA, Pramex International, IESE Business School, BetterUp, CFA Spain, YPO, October.
- Individuals regarding the subject of career coaching.

Keynote appearances:

- Keynote speaker on Leadership and Mind training.

Executive coaching in practice:

Manager for a Technological company – Leadership development

The client was promoted to a new management role. After a 360 assessment, the client targeted the skills to develop that include topics as Communication, Emotional Intelligence and Resilience. The key success factors were personality development that allowed the client to shift his mindset to face the new challenge.

Managing director for a healthcare global company – Team Performance

Coaching process oriented to develop his leadership skills in the face of handling difficult conversations with one of his team members that was impacting the team and the results of the division.

CEO consultancy firm – Strategic Vision and team

Supporting the client to redefine his strategic vision and how to align his team in the face of changing their business model. Through the coaching process the client defined actions to implement his new business plan.

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